

## **News from our Nurse**

Dear Bulldog Families,

Protect yourself from seasonal influenza by getting your flu shot this season. The CDC reports that this year's shot is designed to protect against three viruses. Flu shot clinics will be offered at Tolson Youth Center from 10am-2pm on November  $1^{\text{st}}$ - $2^{\text{nd}}$  and again on November  $16^{\text{th}}$ . Please click on the "More Info" link below for more information about Flu Shot Clinics. The annual flu shot is a DoDEA immunization requirement; please provide proof of your student's flu shot by 12/1/24.?

Yours in good health,

Nurse Lopez

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